

## SELF-TEST REPORTING TO NHS

It is a requirement for all individuals who perform a COVID-19 self-test to report the result to the National Health Services.

The following guidelines have been published by NHS:

### What is a Rapid Lateral Flow Self-Test?

A rapid lateral flow test is a coronavirus test you do yourself. It shows you the result on a handheld device that comes with the test.

### Reporting the result

- Every time you use a rapid lateral flow test kit
- As soon as possible after you get the result
- You cannot report a result after more than 24 hours.
- You can only report one result at a time.
- This service is also available [in Welsh \(Cymraeg\)](#).

### Why should you report your results?

Reporting results helps to:

- reduce infection rates in your community
- protect people at higher risk of infection
- prevent and reduce the spread of the virus
- find out if you are infectious (you may not have symptoms)

### How to Report my result

Before you begin, please ensure you have:

- The QR code or ID number printed on the test strip (the part of the kit that shows your result)
- A mobile phone number so we can text you to confirm that we have got your result

By clicking on the following link, you will be able to access the NHS reporting platform:

<https://www.gov.uk/report-covid19-result>